



START LIST

Women's 4X400m Relay - World Ch. Qualifying Round 1

First 2 of each heat (WQ) plus 2 fastest times (Wq) qualify to World Athletics Championships and World Athletics Relays Final

TEAM POLAND NEW RELAY COMPOSITION

RECORDS	RESULT	TEAM		VENUE	DATE
World Record WR	3:15.17	SOVIET UNION	URS	Seoul (KOR)	1 Oct 1988
Championship Record CR	3:19.39	UNITED STATES	USA	Nassau (BAH)	3 May 2015
World Leading WL	3:22.06	ARKANSAS	USA	Waco, TX (USA)	28 Mar 2026

Heat 1

3

2 May 2026 15:55 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
2	BRAZIL	BRA	3:26.68	3:55.25
1	649 Leticia LIMA			
2	650 Julia RIBEIRO			
3	648 Jainy Suelen DOS SANTOS BARRETO			
4	647 Maria Victoria DE SENA			
3	NIGERIA	NGR	3:21.04	3:31.14
1	868 Esther OKON			
2	863 Toheebat JIMOH			
3	864 Taiwo Mary KUDORO			
4	865 Jecinta LAWRENCE			
4	GERMANY	GER	3:20.92	3:45.38 i
1	762 Skadi SCHIER			
2	758 Jana LAKNER			
3	751 Annkathrin HOVEN			
4	749 Irina GORR			
5	SPAIN	ESP	3:24.13	3:26.04 i
1	705 Paula SEVILLA			
2	690 Rocio ARROYO			
3	701 Ana PRIETO			
4	696 Blanca HERVÁS			
6	FRANCE	FRA	3:21.41	
1	723 Fanny PELTIER			
2	716 Shana GREBO			
3	721 Emma MONTOYA			
4	712 Isabelle BLACK			
7	JAMAICA	JAM	3:18.71	3:34.03
1	815 Andrenette KNIGHT			
2	808 Leah ANDERSON			
3	814 Janielle JOSEPHS			
4	817 Shiann SALMON			
8	CZECHIA	CZE	3:23.73	
1	685 Barbora MALÍKOVÁ			
2	684 Nikola BISOVÁ			
3	688 Terezie TÁBORSKÁ			
4	686 Lurdes Gloria MANUEL			

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TEAM POLAND NEW RELAY COMPOSITION

Heat 2

3

2 May 2026 16:05 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
1	ETHIOPIA	ETH	3:36.85	3:38.31
1	709 Banchalem BIKESE			
2	711 Rahel TESFAYE			
3	708 Genet AYELE			
4	706 Ajayeba ALIYE			
2	BOTSWANA	BOT	3:26.86	3:38.27
1	642 Naledi MONTHÉ			
2	634 Obakeng KAMBERUKA			
3	643 Galefele MOROKO			
4	629 Kennekae BATISANI			
3	CANADA	CAN	3:21.21	3:30.05
1	666 Zoe SHERAR			
2	655 Lauren GALE			
3	662 Jasneet NIJJAR			
4	665 Dianna PROCTOR			
4	POLAND	POL	3:20.53	3:26.17 i
1	884 Anna GRYC			
2	881 Weronika BARTNOWSKA			
3	895 Alicja WRONA-KUTRZEPA			
4	894 Justyna ŚWIEŻYTY-ERSETIC			
5	BELGIUM	BEL	3:22.12	3:45.98 i
1	622 Liefde SCHOEMAKER			
2	615 Manon DE MAREZ			
3	626 Isalie VANDAEL			
4	620 Camille LAUS			
6	ITALY	ITA	3:23.40	3:41.05 i
1	794 Rebecca BORGA			
2	806 Virginia TROIANI			
3	793 Alessandra BONORA			
4	801 Alice MANGIONE			
7	IRELAND	IRL	3:19.90	3:47.75 i
1	787 Rachel MCCANN			
2	780 Jenna BREEN			
3	782 Molly DALY			
4	781 Arlene CROSSAN			
8	KENYA	KEN	3:25.80	3:45.31
1	827 Lanoline AOKO			
2	835 Gladys NGURE			
3	837 Margaret Naserian TAJEU			
4	838 Moureen Nanjala WAFULA			

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Women's 4X400m Relay - World Ch. Qualifying Round 1

TEAM POLAND NEW RELAY COMPOSITION

Heat 3

3

2 May 2026 16:15 START TIME

LANE	TEAM	BIB	NATIONAL RECORD	SEASON BEST
2	SWITZERLAND	SUI	3:25.90	
1	920 Karin DISCH			
2	918 Iris CALIGIURI			
3	924 Salome HÜSLER			
4	921 Annina FAHR			
3	MEXICO	MEX	3:27.14	3:38.45
1	842 Monica RIOS			
2	844 Anaid TORRES			
3	840 Paola MIRELES			
4	839 Claudia ALVARADO			
4	NORWAY	NOR	3:23.71	
1	870 Josefine Tomine Eriksen AKS			
2	873 Amalie IUDEL			
3	871 Astri ERTZGAARD			
4	874 Henriette JÆGER			
5	SOUTH AFRICA	RSA	3:24.84	
1	912 Precious MOLEPO			
2	909 Christi LOGGENBERG			
3	913 Hannah VAN NIEKERK			
4	915 Marlie VILJOEN			
6	NETHERLANDS	NED	3:19.50	3:26.00 i
1	849 Nina FRANKE			
2	850 Lieke KLAVER			
3	856 Myrte VAN DER SCHOOT			
4	852 Eveline SAALBERG			
7	AUSTRALIA	AUS	3:23.81	3:46.90
1	603 Alice DIXON			
2	614 Alanah YUKICH			
3	611 Alexia LOIZOU			
4	602 Sarah CARLI			
8	GREAT BRITAIN & NI	GBR	3:19.72	3:28.09 i
1	737 Laviai NIELSEN			
2	736 Emily NEWNHAM			
3	730 Charlotte HENRICH			
4	744 Nicole YEARGIN			

i = Indoor performance

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	TEAM	VENUE	DATE	RESULT	TEAM	VENUE	2026
3:15.17	SOVIET UNION (URS)	Seoul (KOR)	1 Oct 88	3:22.06	ARKANSAS (USA)	Waco, TX (USA)	28 Mar
3:15.27	UNITED STATES (USA)	Paris (FRA)	10 Aug 24	3:26.00	NETHERLANDS (NED)	Torun (POL) i	22 Mar
3:15.92	GERMAN DEMOCRATIC REPUBLIC (GDR)	Erfurt (GER)	3 Jun 84	3:26.04	SPAIN (ESP)	Torun (POL) i	22 Mar
3:17.96	ARKANSAS (INT)	Eugene, OR (USA)	8 Jun 24	3:26.17	POLAND (POL)	Torun (POL) i	22 Mar
3:18.38	RUSSIA (RUS)	Stuttgart (GER)	22 Aug 93	3:28.09	GREAT BRITAIN & NI (GBR)	Torun (POL) i	22 Mar
3:18.71	JAMAICA (JAM)	Daegu (KOR)	3 Sep 11	3:29.87	SLOVAK REPUBLIC (SVK)	Torun (POL) i	22 Mar
3:19.50	NETHERLANDS (NED)	Paris (FRA)	10 Aug 24	3:30.05	CANADA (CAN)	Baton Rouge, LA (USA)	4 Apr
3:19.72	GREAT BRITAIN & NI (GBR)	Paris (FRA)	10 Aug 24	3:31.14	NIGERIA (NGR)	Calabar (NGR)	6 Mar
3:19.90	IRELAND (IRL)	Paris (FRA)	10 Aug 24	3:31.37	PORTUGAL (POR)	Torun (POL) i	22 Mar
3:20.20	UNIFIED TEAM (EUN)	Barcelona (ESP)	8 Aug 92				